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CoolTan Arts World Mental Health Day exhibition - in pictures

Charity CoolTan Arts is run by and for people with mental health issues. Based in Southwark, south London, it offers a range of workshops - including video, performance, poetry and batik. An exhibition of participants' work is going on show at CoolTan's Walworth Road HQ to coincide with World Mental Health Day on 10 October, and the charity is [organising a sponsored walk on 15 October](#). Here is a selection of pieces created in the workshops, with some comments by the artists on their work

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Aaron Pilgrim - Impression Sunrise: I love Impressionist painting. I am a fan of Rolf Harris. I did this picture with a view to learn how to hold a mixing palette in my arm while painting. My teacher, Rossen, told me how to do this technique

Photograph: CoolTan





Aaron Pilgrim - Pablo Picasso Pastiche: This picture was banned from a CoolTan Arts' art exhibition at Oxford House in east London in 2011. There is a copy of a real Picasso in top right hand corner. My teacher, Michael Fox, gave me the idea to do a nude

Photograph: CoolTan





Alusine Sumah - Untitled

Photograph: CoolTan

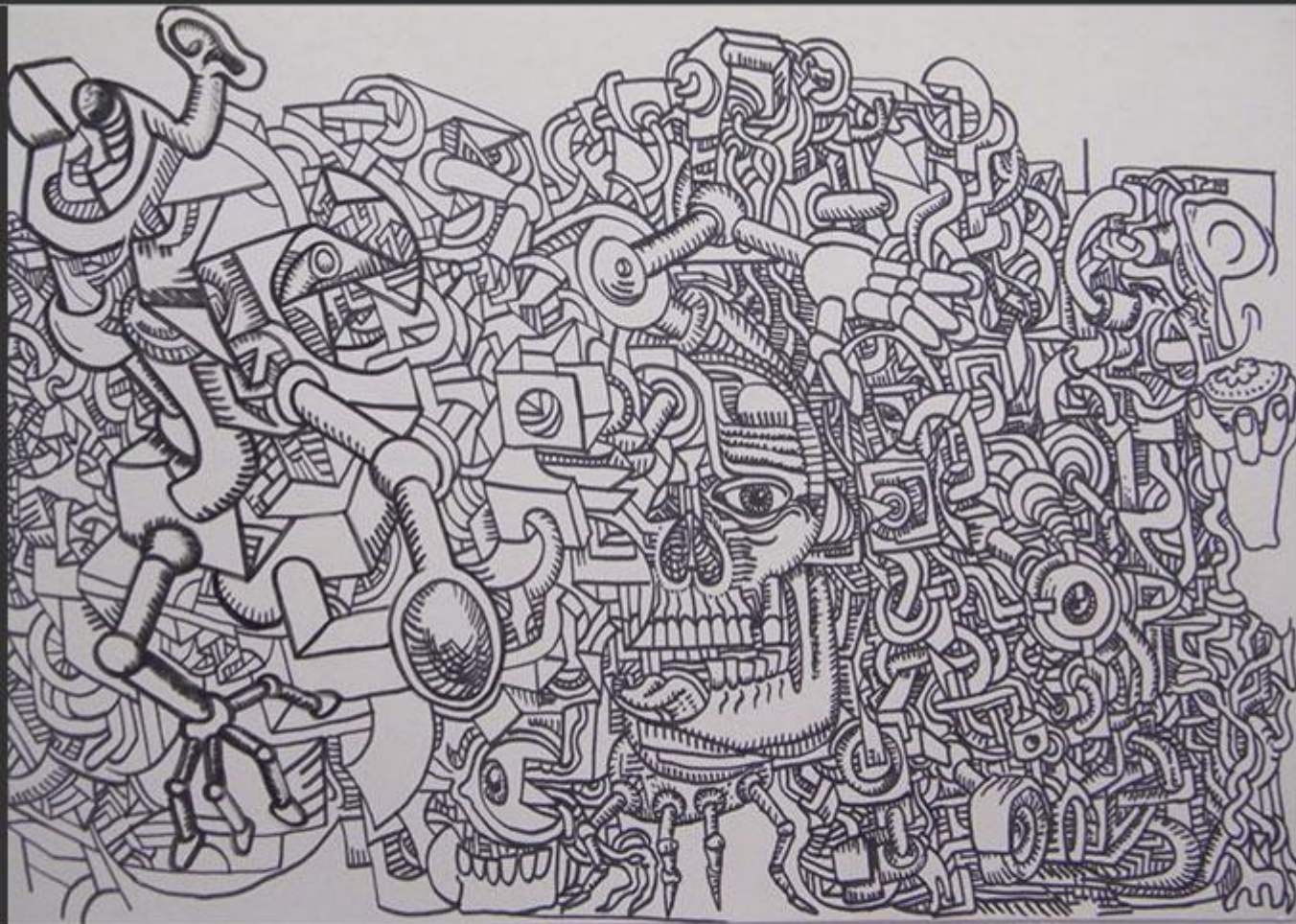




Besion Sokali - Smiley Face: This picture represents me when I'm happy with smiley face, especially when I think about my family back in my homeland. The wonderful thing I remember when I drew the picture is when I asked my teacher if she liked it or not, she replied: "It looks lovely" and "Is that you?" and I just replied: "It's the sun with a smiley face!"

Photograph: CoolTan





Billy Weston - Connecting Lines: In this picture I connected the lines together to create form. It was a one-off sketch. I did not think about it. It was done on the spur of the moment

Photograph: CoolTan





Debbie Francis - Wild Fire Horses: I have loved horses ever since I can remember, especially stallions as I feel that they have a certain kind of free spirit. I feel that this painting of Wild Fire Horses reflects that spirit; unable to be tamed and wild with passions, racing with the wind

Photograph: CoolTan





Ese - Collage: I take my inspiration of art and design from everyday objects or things and interpret them using a range of different mediums from paint to collage

Photograph: CoolTan





Ese - Tea For Two

Photograph: CoolTan





Graeme Newton - The Green Cabin

Photograph: CoolTan





Graeme Newton - The Three Web

Photograph: CoolTan





Graeme Newton - Untitled

Photograph: CoolTan

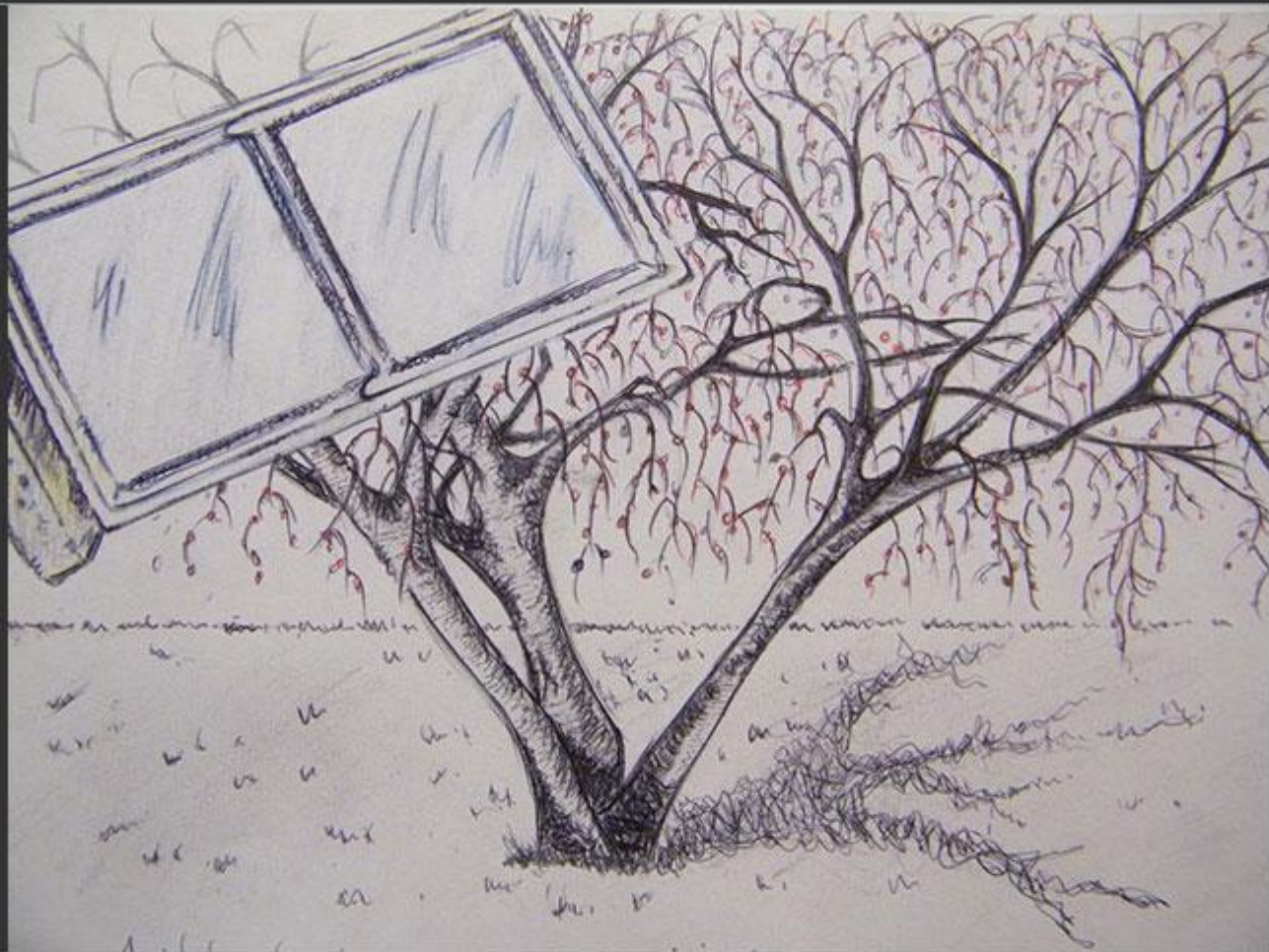




Graeme Newton - Untitled

Photograph: CoolTan

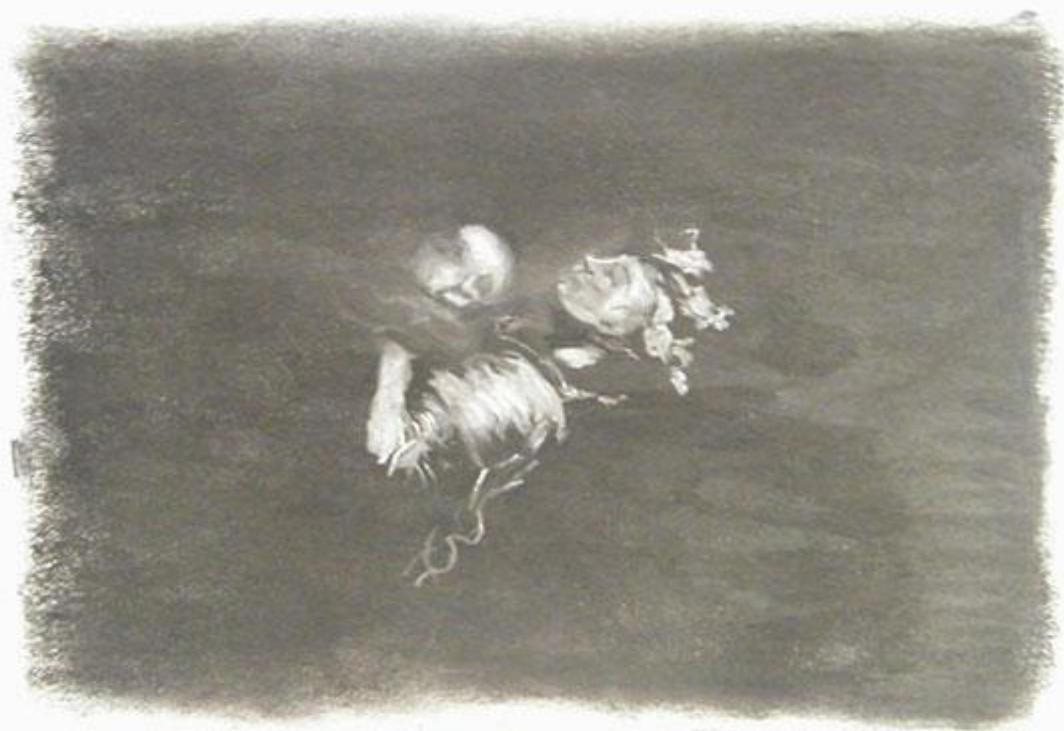




John Raithby - A Window on Life

Photograph: CoolTan





Karon Carter - Study of Light and Dark 2: I drew this from a picture I saw when I went on a trip with CoolTan Arts to Dulwich Picture Gallery

Photograph: CoolTan





M. McLEAN 03-11

Marjorie McLean - Painted Lady

Photograph: CoolTan





Simon Heys - Untitled

Photograph: CoolTan





Tim Jerram - Untitled

Photograph: CoolTan





Tim Jerram - Untitled 2

Photograph: CoolTan





William Ball - Untitled

Photograph: CoolTan

