

CoolTan Arts believes mental well-being is enhanced by the power of creativity

## Referral information for CoolTan Arts

This information sets out the terms and conditions for service delivery from CoolTan Arts.

CoolTan Arts is an award winning arts organisation. We have five awards from the Volunteer Centre Southwark 2007, and a graduate of CoolTan Arts won Active Citizen of the year award 2007. We have also received one award from Ernst and Young for the best organisation to volunteer with and our project director has two Southwark Women of the Year awards 2007/08.

### What we offer

CoolTan Arts offers involvement in a unique arts project run by, and for people with mental distress. We promote positive mental health and wellbeing, with the aim of bringing about a change in how participants perceive themselves. We work towards enabling people to gain greater focus in their lives, and to re-establish their relationship with society. We achieve this through quality arts education and programs, generating professional outcomes such as public exhibitions and various initiatives underpinned by advocacy and social enterprise principles.

### Activities

1. Arts workshops such as visual arts, batik, video, poetry, performing arts and sculpture
2. Yoga workshops
3. Product design projects, involving working in teams and learning work related skills
4. Exhibitions, public art projects, and websites which help break down the stigma of mental distress
5. Gallery/performance space offering other local community projects somewhere to exhibit
6. Volunteering programmes offering meaningful engagement and the opportunity to learn useful skills

A six monthly review meeting with your client and a member of CoolTan's staff to assess progress can be made if appropriate.

Check our website, [www.cooltanarts.org.uk](http://www.cooltanarts.org.uk), for all workshop details.

### To become a member

To become a member you need to be interested in the arts and/or community involvement, or in a project on a voluntary level.

You also need to either:

- have a mental health diagnosis
- be on a waiting list for assistance from mental health services
- have had a psychiatric admission to hospital
- be in current contact with mental health services including out-patients
- have a care plan approach supported by a social worker
- be part of any other organisation which supports people who are in need of mental health services yet are unable to access them for some reason
- be in treatment with a GP for long term mental health issues
- or be able to provide evidence that you have a mental health issue

We are proud to have as Patrons: Maggi Hambling, Sokari Douglas Camp, Ali Smith, Clare Allen and Rosemary Shrager

Unit B 237 Walworth Rd LONDON SE17 1RL T: 0207 701 2696 M: 07985658443

W: [www.cooltanarts.org.uk](http://www.cooltanarts.org.uk) E: [info@cooltanarts.org.uk](mailto:info@cooltanarts.org.uk)

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CoolTan Arts strives to support the needs of those who cannot access other services and support due to discrimination. However we have very limited resources and cannot take on people who have a serious history of unprovoked violence, or who are unable to work in a group setting.

### **How to make a referral**

If you or your client would like to visit CoolTan, please call 020 7701 2696 to make an appointment. The visit will enable you or your client to see what goes on, and to decide which classes are suitable. This is also a good opportunity to meet some people with the opportunity to ask any questions.

### **Fees**

We charge fees of £30 per workshop session, and a client must be booked in for a minimum of ten sessions. If you wish to make a block or group booking, discounts are available.

For people on a supported volunteering programme, the fee is £40 a day or £25 per half day.

### **Invoicing and payment**

We will invoice you each month, payments must be made in advance. If payment is not made within 14 days the placement will be discontinued.

If placement and payments cease for any reason, and the workshop place is to be given up, it is the responsibility of the referrer or participant to contact CoolTan and inform us. Only after this will the invoicing stop.

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CoolTan Arts Registered charity number 1064231 Company limited by guarantee registered in England and Wales reg. 3244552

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## Referral Form for CoolTan Arts

Date of referral: \_\_\_\_\_

Client's details:

|                 |                   |
|-----------------|-------------------|
| <b>Name:</b>    |                   |
| <b>Address:</b> | <b>Postcode:</b>  |
|                 | <b>Telephone:</b> |
|                 | <b>Mobile:</b>    |
| <b>Email:</b>   |                   |

**Please specify the client's borough of residency: (please circle)**

Southwark      Lambeth      Lewisham      Other: \_\_\_\_\_

Current care plan approach?      Yes       No       Don't know

If yes, at what level?      Non-CPA       CPA

Benefits which you perceive in attending CoolTan Arts:

**What workshops will your client be attending?**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Batik          | <input type="checkbox"/> Visual arts Monday      | <input type="checkbox"/> Visual arts Friday | <input type="checkbox"/> Meditation and de-stress |
| <input type="checkbox"/> Playwriting    | <input type="checkbox"/> Photography             | <input type="checkbox"/> Poetry             | <input type="checkbox"/> Web design               |
| <input type="checkbox"/> Video and film | <input type="checkbox"/> Basic IT and CV writing | <input type="checkbox"/> Women make art*    |   |

**\*Note:** The Women Make Art workshop is for women-only.

We are investigating some possible new workshops. Would you be interested in:

- |                                |                                 |                                    |                                    |
|--------------------------------|---------------------------------|------------------------------------|------------------------------------|
| <input type="checkbox"/> Choir | <input type="checkbox"/> Crafts | <input type="checkbox"/> Sculpture | <input type="checkbox"/> Jewellery |
|--------------------------------|---------------------------------|------------------------------------|------------------------------------|

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### Time commitment

1 month     
  3 months     
  6 months     
  Other

### Funding details

Have you secured funding for your client?      Yes       No

Is your client able to make direct payments?      Yes       No

Are you in a position to get this arranged?      Yes       No

If no, please tell us when you expect to have funding in place: \_\_\_\_\_

### Invoice details

|                      |                   |
|----------------------|-------------------|
| <b>Contact name:</b> |                   |
| <b>Address:</b>      | <b>Postcode:</b>  |
|                      | <b>Telephone:</b> |
|                      | <b>Mobile:</b>    |
| <b>Email:</b>        |                   |

|  |                          |
|--|--------------------------|
| <b>Referred by (organisation):</b>     | <b>Date of referral:</b> |
| <b>Key worker:</b>                     | <b>Consultant:</b>       |
| <b>Team: (please write in full)</b>    |                          |
| <b>Phone:</b>                          |                          |
| <b>Email:</b>                          |                          |
| <b>GP name, address and telephone:</b> |                          |

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**Brief summary of treatment:**

**Any identified risk assessment issues:**

**Reason for referral:**

**Possible areas of need:**

- |  |  |
|--|--|
| <input type="checkbox"/> Anxiety/stress management | <input type="checkbox"/> Vocational/education training |
| <input type="checkbox"/> Relaxation training       | <input type="checkbox"/> Working in a group            |
| <input type="checkbox"/> Activity balance          | <input type="checkbox"/> Other: _____                  |

**Any other information:**

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|                                   |                   |
|-----------------------------------|-------------------|
| <b>Referrer's details:</b>        |                   |
| <b>Name:</b>                      |                   |
| <b>Address:</b>                   | <b>Postcode:</b>  |
|                                   | <b>Telephone:</b> |
|                                   | <b>Mobile:</b>    |
| <b>Email:</b>                     |                   |
| <b>Reference number:</b>          |                   |
| <b>Job title:</b>                 |                   |
| <b>Relationship to applicant:</b> |                   |

**How did you hear about CoolTan Arts?** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Thank you for taking the time to fill this in.

----- For office use only -----

|                                  |                                   |
|----------------------------------|-----------------------------------|
| <b>Received by:</b>              | <b>Date:</b>                      |
| <b>Date entered in database:</b> | <b>Letter sent to key worker:</b> |
| <b>Notes:</b>                    |                                   |

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