



**Independent Living for Adults in
Southwark
Personalisation Conference
CoolTan Arts
25 September 2009**

Independent Living for Adults in Southwark

www.southwark.gov.uk

**Sena Shah
Head of Provider Services
Commissioning**

**Lead for Engaging Service Users and
Carers for Adult Social Care**

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Presentation

- What Southwark Council is doing
- How will personalisation be structured
- How Southwark Council will involve Service Users and Carers

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Personal Budgets

A new way of helping people with care and support needs

- Everyone eligible for council funded support will be allocated a personal budget
- People will have choice and control over how best to meet their agreed needs to stay safe, independent and healthy
- People will be able to tailor how their personal care and support needs will be met
- Service Users, family members and carers will be involved in development

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Why are we doing this?



- Your expectations of care and support are changing
- The cost of care and support are increasing as people are living longer with more complex needs
- People want choices about who provides their care and support and how these needs are met

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What does self directed support mean for Individuals?

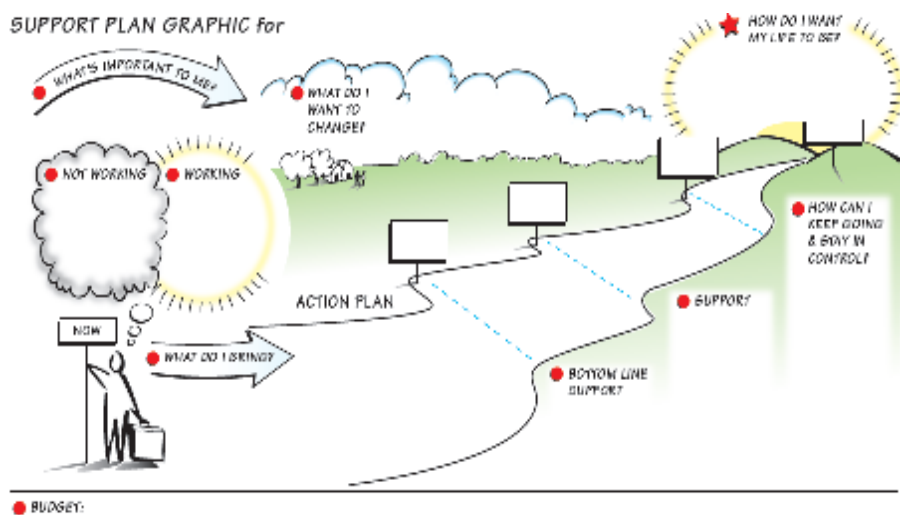
- Better access to information to help you make decisions about the support you need
- A personal budget is allocated to you
- Help for you to plan your care and support and to use your personal budget to meet your needs
- More choice over who provides your care and support
- Making use of opportunities in the community to enjoy life

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Planning for how I want my life to be

SUPPORT PLAN GRAPHIC for



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Promoting Your Independence

We believe that, where appropriate, people should be provided with short term intensive support to help them get back on their feet after illness or a hospital admission



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Promoting Your Independence

We think it is important to provide help and advice early to avoid people losing their independence.

We want to help you:

- Keep safe in your home and in the community.
- Maintain your independence
- Keep out of hospital unnecessarily.
- Maintain good health and wellbeing.

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The 7 steps to being

1. Self-assessment



So I think I'll try get a dog

2. Plan support



What do you think I can do to help with the plan?

3. Agree the plan



Yes, I'll do that for you

4. Manage individual budget



With spending a little money on the dog support this way

In Control of my support

5. Organise support



Can you help me with the support?

6. Live life



My life changed - I'm in control

7. Review and learn



My plan will improve about what I want

The 7 steps to being In Control

1. **Self-assessment** - How do you feel about your support? Do you need?
2. **Plan support** - How do you think you can get what you need? Do you need?
3. **Agree the plan** - Agree a manager who will help you to do it.
4. **Manage individual budget** - How do you manage your money? Do you need to know someone who can help you to manage your money? Do you need to know someone who can help you to manage your money?
5. **Organise support** - How do you get help? Do you need to know someone who can help you to get help? Do you need to know someone who can help you to get help?
6. **Live life** - How do you live your life? Do you need to know someone who can help you to live your life? Do you need to know someone who can help you to live your life?
7. **Review and learn** - How do you know if you are in control? Do you need to know someone who can help you to know if you are in control? Do you need to know someone who can help you to know if you are in control?

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Principles to make this work for you...

- provide you with up to date information
- work with you to keep you safe
- organise support for people who want us to do this on their behalf
- Help you find trusted providers
- Manage your personal budget on your behalf if you wish

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Tailoring the process to the needs of service user groups

- **Recognise that service users interact with services differently**
- **Work with SLAM to develop processes that will work for people who user mental health services**
- **Consult with specific groups to get it right**

The Service User and Carer Panel

Purpose of the Panel

- ✓ To listen to your personal experiences
- ✓ To help shape the development of personalisation in Southwark