

Referral information for CoolTan Arts

This information sets out the terms and conditions for service delivery from CoolTan Arts.

CoolTan Arts is an award winning arts organisation. We have five awards from the Volunteer Centre Southwark 2007, and a graduate of CoolTan Arts won Active Citizen of the year award. We have also received one award from Ernst and Young for the best organisation to volunteer with and our project director has two Southwark Women of the Year awards.

What we offer

CoolTan Arts offers involvement in a unique arts project run by, and for people with mental distress. We promote positive mental health and wellbeing, with the aim of bringing about a change in how participants perceive themselves. We work towards enabling people to gain greater focus in their lives, and to re-establish their relationship with society. We achieve this through quality arts education and programs, generating professional outcomes such as public exhibitions and various initiatives underpinned by social enterprise principles.

Activities

1. Arts workshops such as visual arts, batik, photography, video, poetry, performing arts
2. Yoga workshops
3. Product design projects, involving working in teams and learning work related skills
4. Exhibitions, public art projects, and websites which help break down the stigma of mental distress
5. Gallery/performance space offering other local community projects somewhere to exhibit
6. Volunteering programmes offering meaningful engagement and the opportunity to learn useful skills

A six monthly review meeting with your client and a member of CoolTan's staff to assess progress can be made if appropriate.

Check our website, www.cooltanarts.org.uk, for all workshop details.

To become a member

To become a member you need to be interested in the arts and/or community involvement, or in a project on a voluntary level.

You also need to either:

- have a mental health diagnosis
- be on a waiting list for assistance from mental health services
- have had a psychiatric admission to hospital
- be in current contact with mental health services including out-patients
- have a care plan approach supported by a social worker

- be part of any other organisation which supports people who are in need of mental health services yet are unable to access them for some reason
- be in treatment with a GP for long term mental health issues
- or be able to provide evidence that you have a mental health issue

CoolTan Arts strives to support the needs of those who cannot access other services and support due to discrimination. However we have very limited resources and cannot take on people who have a serious history of unprovoked violence, or who are unable to work in a group setting.

How to make a referral

If you or your client would like to visit CoolTan, please call 020 7701 2696 to make an appointment. The visit will enable you or your client to see what goes on, and to decide which classes are suitable. This is also a good opportunity to meet some people with the opportunity to ask any questions.

Fees

We charge fees of £30 per workshop session, and a client must be booked in for a minimum of ten sessions. If you wish to make a block or group booking, discounts are available.

For people on a supported volunteering programme, the fee is £40 a day or £25 per half day.

Invoicing and payment

We will invoice you each month, payments must be made in advance. If payment is not made within 14 days the placement will be discontinued.